



First Grade Social Emotional Learning/Health Curriculum

SEL	Health	ISBE Standards
UNIT 1: SKILLS FOR LEARNING S.S. Lesson 1 & 2		2A.1b-Use listening skills to identify the feelings and perspectives of others. 2C.1b-Demonstrate appropriate social and classroom behavior.
S.S. Lesson 3 & 4		
S.S. Lesson 5 & Quiz Quiz Trade Game		
Bullying Lesson 1		2B.2b. Demonstrate how to work effectively with those who are different from oneself. 24.C.2A Identify characteristics of bullying and how to report bullying. Identify the difference between reporting and tattling.
Bullying Lesson 2		
Bullying Lesson 3		
Bullying Lesson 4 & assess (use Second Step BPU assessment)		
	Germs/Hygiene	22.A.1a; 22.A.1b; 22.B.1a; 22.D.1a; 24.B.1a Identify how germs are spread and how to prevent the spread of germs (mouth, hands, tissues, cough/sneeze). Demonstrate good hygiene (brushing your teeth, washing your hands, using facial and bathroom tissues, cough/sneeze cover).
	DuPage County Health Dept. Germs program	
	Germs/Hygiene & assess (Healthy Me Book)	
UNIT 2 EMPATHY S.S. Lesson 6 & 7A		1.A.1a Recognize and accurately label emotions and how they are linked to behavior. 2.A.1a Recognize that others may experience situations differently from oneself.
S.S. Lesson 7B & 8		
S.S. 9 & 10		

S.S. 11 & Quiz Quiz Trade Game		2.A.1b Use listening skills to identify the feelings and perspectives of others.
	Lilly's Purple Plastic Purse & Assessment	2.D.1b Identify approaches to resolving conflicts constructively. 2.D.1a Identify problems and conflicts commonly experienced by peers.
	Act out, record. LEA with letter to Lily	2.C.1a Identify ways to work and play well with others.
UNIT 3 EMOTION MANAGEMENT S.S. Lesson 12 & 13		1.A.1a Recognize and accurately label emotions and how they are linked to behavior.
S.S. Lesson 14 & 15		1.A.1b Demonstrate control of impulsive behavior.
S.S. Lesson 16		3.A.1a Explain why unprovoked acts that hurt others are wrong. 3.B.1b Make positive choices when interacting with classmates.
Roleplay assessment (use Seesaw to record)How students should respond to difficult emotional situations at home and at school.		
	Body Parts	23.A.1a; 23.B.1a; 23.D.1a
	Body Parts	Identify and discuss the basic external parts of the body.
	Five Parts	Identify the functions of the external body parts (skin, hair, nails, ears, eyes, knees, elbows, etc.).
	Assessment- self portrait w/ senses labeled	Identify the senses and body part associated with each.
UNIT 4 PROBLEM SOLVING S.S. Lesson 17 & 18		2.A.1b Use listening skills to identify the feelings and perspectives of others.
S.S. Lesson 19 & 20		2.B.1b Describe positive qualities in others.
S.S. Lesson 21		2.C.1a Identify ways to work and play well with others. 2.C.1b Demonstrate appropriate social and classroom behavior.

Lesson 22 and assess (Second Step summative assessment)		
S.S. CPU 1		22.A.1c; 22.C.1a Identify good and bad touching and trusted adults Erin's Law
S.S. CPU 2		
S.S. CPU 3		
S.S. CPU 4 (assess- 4 questions)		
